

M.E.N. NEWSLETTER

JANUARY 2026

Volume 7 Issue 1

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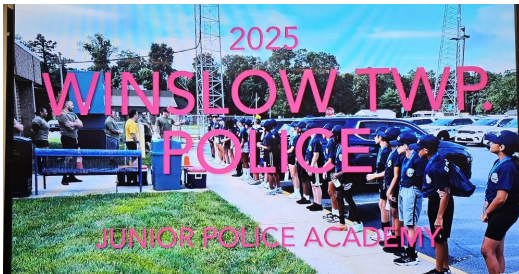
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Editor—Mrs. Angie Henderson

M.E.N. ACTIVITIES

Awards, Cotillion & Police Academy

Lip Sync Battle & Life Skills



MESSAGE FROM THE PRESIDENT

We are thrilled to welcome you back to another + year of the MEN Empowering Nations mentoring program. We are excited to continue supporting your child's growth and development through this valuable partnership with dedicated mentors. As we kick off the New Year, we want to reaffirm our commitment to providing a positive and enriching mentoring experience for your son. We believe that the mentor-mentee relationship can play a significant role in building confidence, exploring career paths, and fostering valuable life skills.

I am asking that you get involved and stay connected, keep the communication flowing as you reach out to your child's mentor or group coordinators with any questions or concerns.

We are looking forward to another successful year of mentoring alongside you and your child.

Virgil Carman Jr.
President

Hebrew 13:7 Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their Faith.

M.E.N. ACTIVITIES

Training, Volunteering & Lip Sync Battle



TESTIMONIALS

Joyce Coleman – Grandparent

Moses has been a mentee with Men Empowering Nations for 4 years. Over these years we have seen him to turn into a very spiritual and mature young man. This program provides him with a community of men who listen, encourage, and empowers him to be an outstanding leader. The mentors have taught Moses how to be open and honest with his feelings, and with what is going on in his life. He is always encouraged with the fact that he has men of God praying for him, men who “has his back” during the bad times.

Moses also enjoys the competition of the games, the field trips, the relationships and friendships that he gained from the program. Lastly, his mentor has inspired him to continue to be on the honor roll and further his educational career.

KIMBERLY - Parent

Just to give a little background about Marcus. Marcus was a quiet and very introverted young man. He never liked to speak to anyone unless it was a family member. Marcus has only been apart of the M.E.N. organization for approximately a year. He now knows how to articulate his words. He doesn't stutter as much as he used to when he first started going to the M.E.N. meetings. Now seeing the other young men do so many activities that are offered, he wants to be apart. I just want to thank Mr. Carmen for believing in him and the mentors for taking him under their wings. He knows that he can go to any of them if he needs to talk. top of his mentee. I appreciate all that this organization has done and look forward to all that is to come in the future. God Bless you all!



WHO WE ARE



Founded in 2007, we are dedicated to helping young men develop their faith in God and in themselves, while gaining strength through fellowship with each other.

Our youth program offers help to young men ages 8 through 18 by promoting development of personal and career goals, fostering good social and cultural behavior while building self-esteem.

M.E.N provide services such as mentoring and social skills training. M.E.N. is comprised of volunteers and positive community role models, which come from areas such as professional sports, law enforcement and military.

We are a faith Based organization. Our mission is to help young men ages 8 to 18 develop their faith in God and in themselves, while gaining strength through fellowship with each other.

Our mission is to assist them in becoming leaders and productive citizens. Learning to seek understanding and stand on the word of God when things don't go as planned. Spreading the message of Jesus Christ as we fellowship with each other.

Mentoring
Building Self-Esteem

Our Mission

The mission of Men Empowering Nations is to impact the lives of tomorrow's leaders who live in Sicklerville, Camden County area and beyond. We accomplish this by delivering unique and innovative Bible-based mentoring initiatives that are locally relevant to develop young men who understand the beneficial importance of positive thinking, responsible personal conduct, respect for self and others and to remain focused on the importance of giving back to the community.

Our Staff

Founder/ President

Mr. Virgil L. Carman, Jr.

Key Personnel

Project/Event Coordinator

Mr. Virgil A. Carman, III

Mr. Earl Davis

Chief Educational Advisor

Mr. Virgil A. Carman, III

Content Editor (Facebook & Webpage)

Mark Hanlon

Board Members

Bennett-Holmes, Renee,
MSW,LCSW

Carman, Dawne

Carman, Virgil Jr.

Carman, Virgil III

Carter, Nython, PhD

Coleman, Joyce

Harding, Thai

Henderson, Jasmin

Robinson, Cary Capt.

Shaw, John,
President Board of Education

Stanford, Leroy, PhD

**Our Board meets every 3rd
Tuesday at 6:00 PM**

At 100 Erial Rd.

Sicklerville, NJ 08081

(Star Center)



We are a
IRS 501c3
Tax exempt
Organization

All contributions
Are tax deductible

Sponsorship

Please help this non-profit organization dedicated to providing positive mentorship and development opportunities for young boys in our community. It's our dedication to empowering boys to become responsible, emphatic, and successful young man.

Please direct any and all potential prospects to Contact

M.E.N.
P.O. Box 515
Sicklerville, N.J. 08081
856-318-4606

Thank You For Your Support

Like us on Facebook @
M.E.N. Mentoring

menempoweringnations.org

Announcements

Updated Contact Info.

contact.menempoweringnations@gmail.com

menempoweringnations.org

Men Empowering Nations Special Events ---2026

- January 31, 2026—Flapjack Fundraiser
- February 27, 2026—Black College Tour
- March 7, 2026—Black History Program
- March 27, 2026—Lip Sync Battle

**** means in lieu of Men Empowering Nations session**

CONTACT MR VIRGIL III FOR MORE INFORMATION @ 856-649-2480

CHOICES * DECISIONS * CONSEQUENCES
YOUR CHOICE
WILL DETERMINE YOUR FUTURE
(MAKE THE RIGHT CHOICE)

**"Your Time
Their Future"**

M.E.N.

Men Empowering Nations